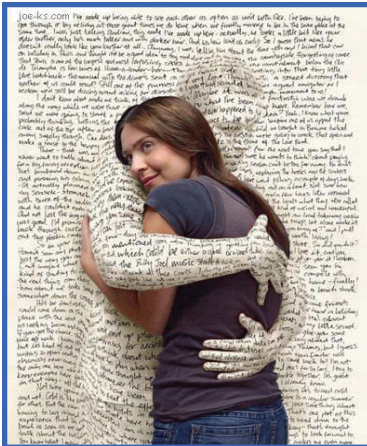


FREE SEMINAR

EMOTIONAL LITERACY

bridging the gap between words and feelings



Do you find yourself at a lack of words when you want to express your feelings?

Are you tired of feeling emotionally flustered?

Do you want to master the ability to express and communicate your emotions with clarity and precision?

Emotional Literacy is the ability to understand and use the language of emotions deliberately. This seminar will give you the tools to identify and translate your feelings into words easily and effortlessly...especially when you need them the most.

WHEN: Sunday December 5, 2010

1:00 PM to 3:00 PM

WHERE: The Shelton, A luxury High Rise, 909 Luther Lane, Dallas 75225
(Northwest Hwy / Tollway) (Complimentary Valet)

RSVP : eminaemotions@yahoo.com

INFO: www.emina.net



EMINA KARAMANOVSKI, Emotion Interpreter

A Western-trained physician who obtained her medical degree from the University of Belgrade in 1989, Emina Karamanovski, M.D. has emerged as an international leader in the expanding field of emotional intelligence. Her passion for helping people attain not just physical health, but also greater emotional well-being, prompted her to study some of the most cutting-edge methodologies available in the fields of emotion management, psychology and hypnotherapy. Dr. Karamanovski is also a certified life coach who holds degrees as a practitioner of NLP and HeartMath, as well as a Diplomate in Logotherapy.